

Name: Colton Merrill, ATC, CPT		Grading Quarter: 3	Week 4 Beginning: January 27, 2025
School Year: 2024-2025		Subject: Sports Medicine and Rehabilitation Year 1	
Monday	Notes:	Objective: Review anatomy of the foot and ankle. Define indications and contraindications to using arch tape job Lesson Overview: L 5 Misc. Taping and bandaging L 6 Ankle taping 101	Academic Standards: 5.5 6.4 6.5
	Notes:	Objective: Objective: Test the knowledge of anatomical landmarks, actions of muscles and skills to wrap common injuries. Lesson Overview: L 6 Ankle taping 101	Academic Standards: 5.5 6.4 6.5
	Notes:	Objective: Test the knowledge of anatomical landmarks, actions of muscles and skills to wrap common injuries. Lesson Overview: Assessments on elastic wraps and taping techniques	Academic Standards: 5.5 6.4 6.5
	Notes:	Objective: Recognize and identify relevant skeletal anatomy of the foot/ankle and lower leg. Identify ligaments in the ankle along with the stress and movement they prevent. Lesson Overview: Start Unit 10 over the ankle L 1 Ligaments and Anatomy	Academic Standards: 5.5 6.4 6.5
Tuesday			
Wednesday			
Thursday			

Friday	Notes:	<p>Objective: Recognize and identify relevant skeletal anatomy of the foot/ankle and lower leg. Identify ligaments in the ankle along with the stress and movement they prevent.</p> <p>Lesson Overview: Start Unit 10 over the ankle L 2 Foot ankle and lower leg.</p>	Academic Standards: 6.5 2.2 2.3
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